

National Bacon Lovers Day – Lesson Plan

Objectives

Students will:

- Learn fun facts about bacon and its role in food and culture.
- Explore science concepts (states of matter & chemical changes).
- Practice math skills through bacon-themed problems.
- Strengthen language skills through creative writing and debate.
- Express creativity with art activities.

Materials

- Whiteboard & markers
- Chart paper or projector
- Bacon fact sheet (teacher-prepared)
- World map (or printouts)
- Graph paper for math activity
- Crayons, pencils, markers for art
- Printable activity sheet (optional)

Lesson Outline

1. Hook / Introduction (5 minutes)

- Start with a **bacon joke**:
“Why did the pig sit in the sun? Because it wanted to be bacon!”
- Show a cartoon bacon character (on poster or screen).
- Ask: “Who has eaten bacon before? What do you like it with?”

2. Mini-Lesson: Bacon Facts (10 minutes)

- Bacon is usually made from pork belly.
- Different countries prepare it differently (U.S., U.K., Canada).
- Cooking bacon shows **states of matter** (solid → liquid → gas).
- Fun fact: Bacon has been eaten for thousands of years!

(Option: Show quick pictures of bacon styles around the world.)

3. Activity Stations (20–25 minutes)

Students rotate through 3 short activities:

Station A – Science of Sizzle

- Discuss what happens when bacon cooks.
- Use butter or oil (if possible) to show melting and cooling.
- Students record observations.

Station B – Bacon Math

- Solve word problems with bacon strips.
- Example: “If 1 BLT uses 3 strips of bacon, how many strips do we need for 5 BLTs?”
- Create a class **bar graph** of favorite bacon pairings.

Station C – Creative Bacon

- Students draw a bacon superhero (or cartoon strip).
- Write a short silly poem/story (e.g., “The Day Bacon Saved Breakfast”).

4. Discussion / Debate (5–10 minutes)

- Hold a **mini-debate**: “*Should bacon be eaten every day?*”
- Team Bacon vs. Team Healthy Choices.
- Discuss moderation and nutrition.

5. Wrap-Up / Reflection (5 minutes)

- Share favorite activities.
- Ask: “What did you learn about bacon today?”
- End with one more bacon joke for laughs.

✦✦ Extension Ideas

- **Social Studies:** Map bacon styles worldwide.
- **STEM:** Learn about how bacon is preserved (salt curing).
- **Writing:** Write a persuasive essay on the best bacon food pairing.